



# Dancers Edge

## A day in the life of a Summer Camp

### Standard Schedule:

#### Theme camps (Princess day camps, tea parties and frozen camp)

- 9:00AM-9:10AM Check in
- 9:10AM-9:45AM Creative movement Class (Jazz or Ballet)
- 9:45AM-10:30AM Crafts/ Coloring pages
- 10:30AM-10:45AM Snack time/ bathroom break
- 10:45AM-11:15AM Outdoor time
- 11:15AM-12:00PM Storybook Adventure and game
- 12:00PM-12:30PM Lunch time
- 12:30PM-1:15PM Creative Movement Call (Jazz, Tap or Ballet)
- 1:15PM-2:00PM Adventure and Game
- 2:00PM-2:45PM Snack/Bathroom break and outdoor time
- 2:45PM-3:00PM Cleanup and Farewells

#### Intensives (Crew, Jr and Sr)

- 9:00AM-9:10AM Check in
- 9:10AM-10:00AM Yoga/Stretch/Warm-up
- 10:00AM-11:00AM Class 1
- 11:00AM-12:00PM Class 2
- 12:00PM-12:30PM Lunch
- 12:30PM-1:30PM Class 3
- 1:30PM-1:45PM Break
- 1:45PM-2:45PM Class 4
- 2:45PM-3:00PM Showtime, Cleanup and Farewells.

*Classes include genres such as jazz, tap, ballet, hip-hop, modern and musical theater but may also include technical classes such as jumps and turns, dancer injury prevention and flexibility.*

**What do you need to bring:**

- Water Bottle
- Dance shoes (bare feet works too!)
  - Dressed in exercise clothes
- Bagged lunch (if your camp is over lunch)

*All Dancers Edge Camps include Nut free snacks, but do not include lunches.*

**Your dancer will walk away from their dancer camp with memories, crafts and so many stories to tell you! We promise a memorable experience for your dancer. Register for your Summer Camp before it is too late.**